

- \_\_\_\_\_ 33. I am still amazed at how God has worked in my life and I would like others to know about it.
- \_\_\_\_\_ 34. People generally consider me to be an interactive, sensitive, and caring kind of person.
- \_\_\_\_\_ 35. A highlight of my week is when I can take a guest with me to a helpful learning event, including a church.
- \_\_\_\_\_ 36. I tend to be more practical and action-oriented than philosophical and idea-oriented.

## Being Yourself and Impacting Others

### Individual Activity:

#### *Styles Questionnaire*

#### Directions

1. Read each of the 36 statements on pages 2-3 and record a number by each that reflects the degree to which you think that statement fits you. Your choices are from 1 to 5, with 1 being the lowest match to who you are, and 5 the highest. Here is a description of what each number means:

- 5. . . . . That's totally me
- 4. . . . . Pretty much like me
- 3. . . . . Somewhat like me
- 2. . . . . A little like me
- 1. . . . . That's not me at all

2. Transfer those numbers to the grid at the bottom of page 4 and total each column.

	Direct	Intellectual	Testimonial	Interpersonal	Invitational	Serving
	#1____	#2____	#3____	#4____	#5____	#6____
	#7____	#8____	#9____	#10____	#11____	#12____
	#13____	#14____	#15____	#16____	#17____	#18____
	#19____	#20____	#21____	#22____	#23____	#24____
	#25____	#26____	#27____	#28____	#29____	#30____
	#31____	#32____	#33____	#34____	#35____	#36____
<b>Totals</b>						

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- \_\_\_\_\_ 18. I would rather show love through actions than through words.
- \_\_\_\_\_ 19. I think the world would be a lot better place if people would just stop being so sensitive about everything and just speak the truth!
- \_\_\_\_\_ 20. I enjoy discussions and debates on difficult questions.
- \_\_\_\_\_ 21. I intentionally share my mistakes and struggles with others when it will help them consider solutions that could help them.
- \_\_\_\_\_ 22. I prefer discussing a person's life before getting into the details of beliefs and opinions.
- \_\_\_\_\_ 23. I tend to watch for worthwhile events to bring people to (such as enriching seminars, retreats, classes, or church services).
- \_\_\_\_\_ 24. I have found that my quiet demonstrations of love and care sometimes help people open up and become more receptive to what I think.
- \_\_\_\_\_ 25. A motto that would fit me is: "Make a difference or a mess, but *do something.*"
- \_\_\_\_\_ 26. Often when listening to teachers or TV commentators, I mentally (or even verbally) argue with their positions and logic.
- \_\_\_\_\_ 27. People seem interested in hearing stories about things that have happened in my life.
- \_\_\_\_\_ 28. I enjoy long talks with friends, and it doesn't matter much where we are or where we're going.
- \_\_\_\_\_ 29. I am always looking for a match between the needs and interests of my friends and various books, classes, and programs they would enjoy or benefit from.
- \_\_\_\_\_ 30. I think the world would be a better place if people would talk less and take more action on behalf of their friends and neighbors.
- \_\_\_\_\_ 31. I sometimes get in trouble for lacking gentleness and sensitivity in the way I interact with others.
- \_\_\_\_\_ 32. I like to get at the deeper reasons for opinions that people hold.

- \_\_\_\_\_ 1. In conversations, I like to approach topics directly, without much small talk or "beating around the bush."
- \_\_\_\_\_ 2. I have a hard time getting out of a bookstore without buying a bunch of new books that will help me understand what people are thinking.
- \_\_\_\_\_ 3. I often speak out of my personal background or experience in order to illustrate a point I am trying to make.
- \_\_\_\_\_ 4. I am a "people-person" who places high value on friendship.
- \_\_\_\_\_ 5. I enjoy adding or including new people in activities I'm involved in.
- \_\_\_\_\_ 6. I see needs in people's lives that others often overlook.
- \_\_\_\_\_ 7. I don't shy away from challenging someone when it seems necessary.
- \_\_\_\_\_ 8. I tend to be analytical and logical.
- \_\_\_\_\_ 9. I often identify with others by using phrases like, "I used to think that, too," or "I once felt the way you do."
- \_\_\_\_\_ 10. People have commented about my ability for developing deep friendships.
- \_\_\_\_\_ 11. To be honest, I often watch for situations in which someone "better qualified" can explain concepts to my friends.
- \_\_\_\_\_ 12. I find fulfillment in helping others, often in behind the scenes ways.
- \_\_\_\_\_ 13. I do not have a problem confronting my friends with the truth even if it strains the relationship.
- \_\_\_\_\_ 14. In conversations, I naturally key in on questions that are holding up a person's understanding or progress.
- \_\_\_\_\_ 15. When I talk around the locker room or the drinking fountain, people really listen.
- \_\_\_\_\_ 16. I would rather delve into personal life issues than abstract theoretical ideas.
- \_\_\_\_\_ 17. It is not unusual for me to attend special events or concerts and bring along a car full of friends.